

Dr. Stephen Maltais MSc ND
88 Dover Mills Road
Port Dover, ON. N0A 1N1
Phone: (519) 583-1234
e-mail: docmaltais@kwic.com
www.dovernaturopath.com

INTAKE FORM - MALE

NOTE: We try to be a fragrance free clinic.

**(Please circle answer where ever there is a multiple question.)*

DATE: _____

NAME: _____ AGE: _____ DATE OF BIRTH: _____
 ADDRESS: _____ CITY: _____
 POSTAL CODE: _____ EMAIL ADDRESS: _____
 HOME PHONE: () _____ WORK PHONE: () _____
 MARITAL STATUS: S M D W Sep NUMBER OF CHILDREN: _____ REFERRED BY: _____
 OCCUPATION: _____ EMPLOYER: _____
 EMPLOYMENT STATUS: Full-Time Part-Time School Retired Unemployed Self-Employed Other
 LIVING SITUATION: Alone Spouse Partner Friend(s) Parent(s)
 NAME & AGES OF THOSE LIVING WITH YOU: _____

 PETS: _____
 NAME OF Partner/Spouse/Parent: _____ OCCUPATION: _____
 IN CASE OF EMERGENCY NOTIFY: _____ PHONE NO: _____
 RELIGIOUS/SPIRITUAL PREFERENCES: _____
 EDUCATIONAL BACKGROUND: _____
 HOW DID YOU HEAR ABOUT THE CLINIC? _____

Please list the major complaints in order of importance for you:

	Complaint	Since	Cause
1.			

1.			
1.			
1.			

MEDICAL STATUS

General Health: Excellent Good Fair Poor

What **medications** are you currently taking?

What was the date of your last full medical examination? The date(s) of any blood test(s) you have had done:

List any **vitamins, supplements, homeopathic or herbal medications** you are taking:

What **other treatments** are you currently following?

Have you ever had your cholesterol level checked? _____ Date(s) _____ Result(s) _____

Health History (Please **circle** if you **Had or Have** any of the following):

- | | | | | | | |
|--------------------|----------------------|-------------------|-----------------|-----------------|-----------------|------|
| Abscesses | Chicken pox | Fungal infections | Kidney disease | Rheumatic fever | Syphilis | |
| Alcoholism | Chronic fatigue | Gallstones | Leukemia | Rubella | Tonsillitis | |
| Allergies | Circulatory problems | Glaucoma | Liver disease | Scarlet fever | Tuberculosis | |
| Amnesia | Cold sores | Goiter | Migraines | Senility | Typhoid fever | |
| Anemia | Colitis | Gonorrhea | Serious injury | Anorexia | Colon disease | Gout |
| Mononucleosis | Sexual abuse | Warts | | | | |
| Arthritis | Compulsive eating | Hay fever | Mumps | Sinusitis | Whooping cough | |
| Asthma | Depression | Heart disease | Parasites/worms | Skin disease | Yellow fever | |
| Autoimmune | Diabetes | Hepatitis | Peritonitis | Strept throat | | |
| Bleeding disorders | Eczema | Herpes genitalia | Stroke | | | |
| Cancer | Emphysema | Hypertension | Pleurisy | Sunstroke | | |
| Candida (Yeast) | Epilepsy | Hypoglycemia | Pneumonia | Prostate issues | Erectile issues | |

Other Past Medical Conditions

- High Blood Pressure Stroke Varicose Veins Phlebitis Clotting defects Bleeding tendencies
- Blood transfusion Diabetes Kidney trouble Rheumatic fever Jaundice/Hepatitis Epilepsy
- Arthritis Colitis Asthma Chronic Fatigue Syndrome/Eptein Barr

Childhood diseases: German Measles Chicken Pox Other: _____

Heart Trouble: _____ Fractures: _____ Cancer _____ Eating Disorder _____

Other major conditions? _____

Never well since an illness or infection (What?) _____

Had a chronic/reoccurring infection or problem (What?) _____

HABITS

Dietary preferences/restrictions: _____

Sample of day's menu:

Breakfast: _____

Lunch: _____

Dinner: _____

Routine physical exercise?

Type of exercise: _____

For how many minuets? _____ How often? _____

Tobacco use (how much): _____ Previously? _____ How much? _____ How long? _____
 Alcohol use (how much): _____ How often? _____
 Caffeine use (how much): _____ Mood altering substance use (e.g. marijuana, cocaine, pills) past & present? _____

STRESSES

Stresses (family, work, self, etc.): _____

Have you had any **Hospitalization, Surgeries, etc.** List what type they were, when they occurred and if there were any complications.

Diagnosis/Operation	Hospitalization/Date	Doctor	Complications

CURRENT/RECENT HEALTH CARE PROVIDER(S)

Name	Date(s)	Care Provided

DENTAL HISTORY

Name of Dentist _____ Address: _____

Phone Number _____

Date of last dental check-up _____ for what? _____

Does your child have: Root Canals _____ how many? _____

Cavities _____ how many? _____

Gum Disease _____

Age of child for first tooth _____ Age of child for permanent teeth _____

Which of the following ailments, or any other major ailments, have affected your relatives? Please circle:

Alcoholism Asthma Diabetes Gout Insanity Skin disease
 Allergies Cancer Epilepsy Hay fever Paralysis Syphilis
 Arthritis Depression Gonorrhea Heart disease Pneumonia Tuberculosis
 Other: _____

Relatives	Age if alive	Age at death	Ailments
Mother			
Father			
Brothers			
Sisters			
Children			
Maternal Grandmother			
Maternal Grandfather			
Maternal Aunts/Uncles			
Paternal Grandmother			
Paternal Grandfather			

Paternal Aunts/Uncles			
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REVIEW OF SYSTEMS

Circle any symptoms of **present** significance.

GENERAL PHYSICAL

Fever or Chills Skin Eruptions Weight Change

ABDOMEN

Bloating	Heartburn/Indigestion	Cramps or pain	Nausea or Vomiting
Diarrhea	Constipation	Change in bowel habits	Bloody or tarry stools
Hemorrhoids	Flatulence		

HEAD

Headaches	Dizziness	Visual defects	Hearing defects
Sinus trouble	Fainting spells		

BLADDER

Frequent urination	Painful urination	Blood in urine
Inability to hold urine	Inability to empty bladder	Need to get up in the night to urinate

CHEST

Chest pain	Shortness of breath	Heart murmur	Mitral valve prolapse
Palpitations	Chronic cough	Coughing up blood	Wheezing

Prostate

Nighttime urination= how many times= ?

COMMENTS OR OTHER CONCERNS:

What are your goals and/or expectations of visiting a Naturopathic Doctor?

What changes have been made to improve your quality of life?

**** Please be advised that a cancellation fee of \$90 applies to appointments missed without 24 hours notice. (Weather permissible.)***